

# Hot flashes and night sweats a common occurrence? You could be eligible...



## MENOPAUSE RESEARCH STUDY

We are conducting a research study investigating how effective a probiotic is at reducing the frequency and severity of menopausal symptoms, like hot flashes & night sweats, and improving quality of life in participants.

### WHY SHOULD YOU SIGN UP?

- Possible access to a study probiotic. This study is a placebo-controlled study so participants will receive the probiotic or a placebo.
- May help to improve symptoms and quality of life
- May help others like you experiencing similar symptoms
- Contributing to important medical research
- Reimbursement for study related time and travel.

- ✓ Age 42-60
- ✓ Perimenopausal or postmenopausal
- ✓ Frequent hot flashes & night sweats
- i 5 visits over course of 4-month study
- i Reimbursement will be provided for study related time and travel

Find out more  
& sign up:

[menopause.cpsresearch.scot](https://menopause.cpsresearch.scot)

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